

SARAH JOHNSON, MBA, MPH, RDN, LD
OPERATIONS PROJECT MANAGER



Sarah has a passion for food that began on the family farm. At the age of twelve, her father encouraged her to start a sweet corn sales business with her sister. Into her teenage years, she covered every position from cashier to cook at her hometown café. During college, she worked in foodservice at a large St. Paul hospital.

Johnson is now a Registered Dietitian Nutritionist with eighteen years of experience in acute care hospital settings. She believes that delicious and healthy foods do not have to be mutually exclusive. In fact, some of the most delicious and memorable dishes are also among the healthiest.

With her extensive healthcare, operations, and educational background Sarah focuses on helping clients find design solutions to meet their organizational goals and mitigate complex challenges. When it comes to patient care and employee health & well-being, Sarah believes there is much opportunity to be gained.

EDUCATION

MBA, University of St. Thomas
Master of Public Health
B.S., Nutrition
University of Minnesota

CERTIFICATIONS

Registered Dietitian
Licensed Dietitian

AFFILIATIONS

Academy of Nutrition and Dietetics (AND)